



WELLNESS CONSULTATION WITH OUR COMPLIMENTS 30min

Our Wellness methodology lies on four holistic steps: Detox - Relax - Release - Reset, your Body - Mind - Soul

Book your appointment and together we can identify the best options for your physical and emotional well- being, by discovering the optimum option your conscious & unconscious mind requires, following the Koukoumi protocol

Let us discover your personalized wellness program and guide you to a journey of self-awareness, via your senses



DETOX

· Purify Me ·

Full body signature hand massage focusing on the stressed areas using Bolivian matherotherapy wooden tools, that detoxify and increase the body's metabolism

50' / 120 €

RELAX

· Inner Peace ·

Relaxing full body massage using light/medium pressure

60'/80€

Mood Uplifter

Aromatherapy massage using a collection of essential oils. Applied with light pressure 50' / 90 €

RELEASE

· Muscle Release ·

Full body massage targeting muscular tension using invigorating movements stretches
50' / 90 €

RESET

· Hot Stone Massage ·

An hour dedicated to wellness and muscle pain relief with mental, emotional and physical benefits

60' / 100 € - 90' / 140 €

· Prenatal Massage ·

Releases tension and enhances the bond between mother and baby

60' / 90 € - 90' / 130 €

YIN YANG FACE

· Glow Up ·

Refreshing moisturizing treatment using special pressure points, gua sha techniques and face massage

60' / 130 €

· Anti Gravity ·

Deluxe anti-aging facial focusing on deeper hydration of the skin and increasing circulation combined with deep cleansing, Gua Sha and face massage

60' / 140 €

Indian Head Massage

A traditional Ayurvedic experience preventing headaches, promoting lymphatic drainage, hair growth and memory using oil combined with face and neck massage

50' / 120 €





YIN YANG BODY

· Body Super Glow ·

A treatment that will deeply exfoliate, cleanse & moisturize your body combining sauna, scrub and hydration

60' / 120 €

· Yang Glow ·

A powerful treatment including sauna and massage using strong pressure. For better results, pair this treatment with you gym session

80' / 120 €

TAILORED MADE - BREAK

Focus on one area with the intensity of your choice

- · Upper body (neck, head & face)
- Middle body (back & arms)
- Lower body (legs & feet)

35' / 60€

KOUKOUMI EXPERIENCE

· Koukoumi Signature ·

A great combination of treatments that will boost your metabolism and detoxify your body including sauna, scrub and head or face massage

90' / 150 €

· Koukoumi Relaxation for 2 ·

A couples treatment that starts off with a full body exfoliation, followed by a relaxing massage using light/medium pressure and an express facial suited to your needs. Treatments available upon request 120' / 320 €



CONTACIUS



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